



**Regina
Soccer
Association**

YOUTH DIVISION

2008-2009 Indoor

Game

Rule Update

Posted—10/23/2008

Field of Play	The Field is 150 ft wide x 202 ft long (50yds x 67yds) artificial turf field	U14-U16-U18 Premiere Div.
Field of Play	The Field is 96 ft wide x 150 ft long (32yds x 50yds) artificial turf field	U10-U12 Prem U10-U18 Div 2
Goals	The size of the nets will be regulation outdoor goals: 8.0ft x 24ft.	U14-U16-U18 Premiere Div.
Goals	The size of the nets will be 6ft x 12ft.	U10-U12 Prem U10-U18 Div 2
Off-Side	Off Side only occurs in the attacking third of the field. A player is off side only at the moment the ball is played forward and will only be off side if there are less than two opponents either level or between the receiving attacker and the goal line. (Note: the goalkeeper is usually one of the two). The attacking line will be indicated by a yellow dotted line across the field. This line will act as the centre line does in the regular outdoor soccer game for off side purposes only.	U14-U16-U18 Premiere Div.
Corner Kicks	As per FIFA Regulations. Corner Kicks are to be taken from the corner spot. The opposing players must remain at least 10 yds. away from the ball until it is played. The kicker may not touch the ball again until it has touched another player. If he/she does, a free kick is awarded against them.	U10 to U18 Prem & Div 2
Corner Kicks	As per FIFA Regulations. Players must remain at least 10 yards away from all free kicks until the ball is played	U10 to U18 Prem & Div 2
Throw-Ins	As per FIFA Regulations. A goal cannot be scored directly from a throw-in. The throw-in is to be taken from the point where it left the playing surface to the opponents of player who last touched the ball. When the ball goes out-of-bounds on the side of the field, the result will be throw-in for the opposition at the point where the ball exited play.	U10 to U18 Prem & Div 2
Ball	Games played on the artificial surfaces will use an outdoor FIFA ball - size 4.	U10 & U12 Prem & Div 2
Ball	Games played on the artificial surfaces will use an outdoor FIFA ball - size 5.	U14 to U18 Prem & Div 2
Number of Players	All 6 vs. 6 games will consist of 5 outfield players and 1 goalie. The minimum number of players for a game without forfeit is 4 (3 outfield and 1 goalie)	U10 & U12 Premiere U10 to U18 Div 2
Number of Players	All 8 vs.8 games will consist of 7 outfield players and 1 goalie. The minimum number of players for a game without forfeit is (5 outfield and 1 goalie)	U14 to U18 Premiere
Substitutions	Unlimited number of substitutions during a game. These substitutions will be allowed "on the fly" but will take place in a designated area at center field. A player must be within 2 yards of the designated area before their replacement is allowed on. Substitutions must take place in the designated area on your team's side of half. Failure to follow proper substitution rules will result in a yellow card.	U10 to U18 Prem & Div 2
Duration	All 8 vs. 8 games will consist of (2) – 25 Minute Halves with a 3 Minute Half Time Break Games will end at the 55 minute mark regardless of any delay.	U10 to U18 Prem & Div 2
Footwear	All footwear must be clean. Soccer cleats with moulded studs, turf trainers, or indoor shoes are acceptable. <u>Metal cleats are not allowed.</u>	U10 to U18 Prem & Div 2
Slide Tackling	There will be NO slide tackling permitted. (PENDING Approval for Premiere)	All Youth